

*Note: Other common symptoms of the flu include a fever that usually lasts for 3 days, but may last for 4-8 days; aching muscles, headache, joint aches, eye pain, feeling very cold or having shaking chills and feeling very tired. Some children may have nausea and vomiting with the flu.

**These guidelines have been provided to help school personnel determine likely cases of influenza. We appreciate our partnerships with Lapeer County Schools and are here to assist with school personnel with communicable disease issues. Early recognition of flu cases with exclusion from school may help to reduce the spread of influenza, reduce days of lost instruction time and help contribute to a healthier learning environment. Please call Lapeer County Health Department at (810) 667-0448 to report influenza or for questions/concerns.